



Lynhthy Nguyen



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ACTOR, STUNT PERFORMER, DANCER



REEL: [Lynhthy.com/reel](http://Lynhthy.com/reel)  
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HEIGHT: 5'4  
HAIR: Brown  
SIZES: 32B-25-34 / 00 / XS

WEIGHT: 112  
EYES: Brown  
SHOE: 8 US



## FILM

Run Sweetheart Run	Supporting, Stunt Actor	Mark Rayner, Shana Feste
In the Company of Assassins	Supporting, Stunt Actor	Dillon Wilson, Eric Ramsey
My Babysitter the Super Hero	Stunt Performer	Mike Chat, William Butler

## TV

L.A.'s Finest S2 (Spectrum)	Stunt Double: Jessica Alba	Michael Trisler, Don L. Lee
The Mosquito Coast (Apple TV+)	Stunt Double	Peewee Piemonte
The Rookie (ABC)	Stunt Performer	David Rowden
Into the Dark (Hulu)	Stunt Double	Tim Mikulecky
L.A.'s Finest S2 (Spectrum)	Stunt Performer	Melissa Stubbs, Tamiko Lee
L.A.'s Finest S1 (FOX)	Stunt Performer	Keith Woulard, Linda Jewell
Paradise City (Showtime)	Stunt Performer	Nils Stewart
America's Got Talent S13 (NBC)	Sacred Riana Double	Brian Burke, Chantal Robson
The Bold & the Beautiful (CBS)	Co-Star: Kylie	Cynthia J. Popp
CSI: Cyber (CBS)	Co-Star: Flag Girl	Allan Arkush
Beyoncé – Video Music Awards (MTV)	Dancer	Dana Foglia, Chris Grant

## MUSIC VIDEOS

Justin Timberlake – "Suit & Tie"	Dancer	David Fincher, Marty Kudelka, Dana
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## COMMERCIALS

List Upon Request	10+ National Spots	Joseph Kahn, Tiffany Haddish
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## TRAINING

Scene Study, On-Camera	Natalia Castanello	Margie Haber Studio
Scene Study	Anne Noble	The Berg Studios
Scene Study Workshops	Lesly Kahn, Joseph Pearlman	SAG Conservatory
Stunts & Fight Choreography	Mike Chat	XMA
Martial Arts & Tumbling	Kyle Potter, Phillip Lawrence	Joining All Movement (JAM)
Wire Work	Chris Yung	Wire Fighters
Wire Work	Tim Storms	Academy of Movement Arts
Military & Tactical Workshop	Algin Ace Mendez, Freddie Joe	Stunts Unlimited
High Falls	Joe Witherell	Joe Witherell's Residence
Fighting	Tony Snegoff	Tony Snegoff's Residence
Dance (25+ yrs)	Melissa Miles, Terri Best	EDGE, Millennium, Playground LA
Commercial	Killian McHugh	Killian's Workshop
Commercial	Reece Rios, Shannon	Alyson Horn + Ross Lacy Casting
Improv	Second City	SAG Conservatory
Yoga Certification (200-hr)	Shannon Kassoff	CorePower Yoga, Costa Mesa
Psychology, Cognitive Sciences	UC Irvine	University of California, Irvine

## SPECIAL SKILLS

Vietnamese (Fluent, Native Speaker), Professional Dancer (Jazz, Contemporary, Ballet, Hip-Hop, Heels, Tap), Certified Yoga Teacher (since 2015), Cheerleading, Tumbling, Flexibility, Mountain Climbing (14,000+ ft. peaks ascents), Backpacking, Rock Climbing (TR), HIIT, Aerial Arts (Hammock, Harness, Lyra), Pilates (Lagree), Stand Up Paddle Boarding, Presenter, SAG Dance Committee (2019-2021), Own Climbing Sutra Jerk Vest\*